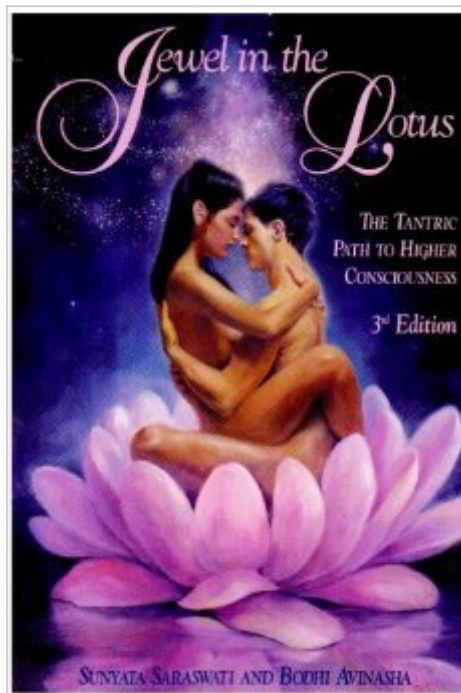


The book was found

Jewel In The Lotus/The Tantric Path To Higher Consciousness



Synopsis

Secrets are revealed in this complete and systematic course in the science of Tantric Kriya yoga that shows readers how to be more aware of the inner working of the body and mind. (World Religions)

Book Information

Paperback: 256 pages

Publisher: Ipsalu Publishing; 3 edition (November 8, 2002)

Language: English

ISBN-10: 0929459024

ISBN-13: 978-0929459028

Product Dimensions: 6 x 0.6 x 9 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (21 customer reviews)

Best Sellers Rank: #245,511 in Books (See Top 100 in Books) #45 in [Books > Textbooks > Humanities > Religious Studies > Buddhism](#) #514 in [Books > Religion & Spirituality > Hinduism](#) #547 in [Books > Religion & Spirituality > Other Eastern Religions & Sacred Texts](#)

Customer Reviews

I love this book, its packed with all the necessary tools you need to take you to the highest levels of tantric lovemaking, here you will learn to discipline yourself, train your body and mind to tap into supreme consciousness to quickly elevate to the next level of your spiritual, sexual evolution. this is a path that requires much discipline despite what everyone is running around jumping on the sex magic bandwagon. this is the correct tenant's to using sex magic to bring about divine bliss, connection with your higher self and ultimate fulfillment, healing and satisfaction. this is the secrets taken from the temples in Kemet and hidden from the public for thousands of years, now you get the real deal.

I sought this book out at a time when I wanted to know all I was capable of. My focus was moreso on becoming in touch with the unseen forces around me- without being a witch or soothsayer. In my quest, I kept hearing that I would have to be able to quiet my mind and body to tap into "psychic" powers. This book takes you there, teaching you to acknowledge all your limbs with your mind. Readers can learn to trigger those zones on and off and ultimately focus them during bonding with your mate. I hope this doesn't sound easy. Honestly, if you do not have the fortitude to do some

exercise, you may want to practice some low impact activities a couple of days/nights before beginning these exercises. If you truly dive in, and do the exercises as the book instructs, it will burn a lot of energy the first few times. Allow yourself days to repeat some of the more complex activities, build up to the ones done with a partner. I highly recommend this book to those who have tried a bit of yoga, meditation, pilates or tantra, and wanted to go further. Be willing to purify your diet and listen to your body during and after these activities. Be willing to sweat and get dirty. And most of all, do not share the more involved couples routines with anyone you do not wish to be closer to. These bonds should not be made between a person and many people. Conversely, if you are shallow at heart, and find you can not take it seriously as you do it, close the book, put out the incense, put the lid back on the oil bottle and just do some Wii fit exercises.

Jewel In The Lotus is by far the best no nonsense book on Tantra you can get. Very clear about the true nature of the yoga. A must read for any westerner who's serious about practicing Tantra. I can't say how much this book has expanded my consciousnesses, connecting the spiritual with the physical and mental.

Not as expected. The book does have a lot of pictures for positions and such but I was hoping for something a bit more down to earth. Seems like this book is literally from another world. Did not even read it because I could not take it seriously and apply it in life. Overall good packaging and the book came in brand new.

Excellent information, this is a book that helps you discover the real inner you and shows the spiritual aspects of sex. Regardless of how sex is viewed, Sex was God's idea.

Provides practical info well beyond the expected sexual energy. Well written, easy to follow and enjoyable. Recommended for beginners and intermediates alike

Powerful knowledge from the Kriya Yoga lineage. If you are unfamiliar, look into GMCKS' teachings and learn to properly and thoroughly purify your bodies before taking on massive amounts of sexual energy.

Loaded with techniques. A seminal piece of work by the man who first brought tantra to the USA. Helps couples connect with each other on several levels.

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